

## Sun Cream Policy

HSCS-1.19,1.22,1.39,2.24,4.11,4.27

### Aim

The aim of this policy is to ensure all staff and children enjoy the outdoors, and particularly the sun, safely. We will work with parents, carers, and staff to achieve this aim and will ensure children are actively involved in discussions about the importance of protecting ourselves from possible sun damage.

Sun safety will be promoted through working with parents, staff, and the wider community, to help improve our understanding of what we can do to reduce our exposure to the harmful effects of the sun's UV rays. Staff will act as positive role models by setting a good example through seeking shade whenever possible, wearing appropriate clothing for the weather, and by applying sunscreen as appropriate.

### Protection

The nursery garden has shade provided via the outdoor shelter and nursery staff will consider alternative ways to provide shaded areas for the children eg putting up canopy's or tents etc. Adults and children will be encouraged to use the shaded areas when out in the garden and will be asked to consider seeking shade indoors during the sunniest part of the day eg 11am-3pm.

### Clothing

- Children will be encouraged to wear clothes that provide good sun protection such as sun hats, t-shirts that cover shoulders, long sleeves, long length trousers.
- Parents/carers will be reminded of the importance of providing appropriate clothing/headwear for their children according to the needs of the season.
- Staff will also be encouraged to dress suitably for the weather

## Water

- Water will be freely available to the children throughout their whole session.
- Water dispensers will always be accessible to the children, both indoors and outdoors, and will be replenished frequently by staff.
- Staff will also model the good habit of keeping ourselves hydrated.

## Sun cream

- Parents are asked to apply cream to their children before they arrive at setting, and staff will assist the child in re-applying another layer during the session as necessary.
- Parents are asked to give written permission for sun cream to be re-applied to their child during their session.
- The nursery will provide sun cream over 30 factor or over should parents be unable to apply sun cream to their child before arriving at the setting.
- If a child has specific allergies, parents and carers are strongly encouraged to apply any unfamiliar brand of cream at home before arriving at setting and to **NOT** use the nursery sun cream.
- Staff will re-apply sun cream as required eg mid session, half way through an all-day session or after being in water/sweating etc
- Parents and carers are asked to clearly label their child's sun cream if leaving it in the setting.

More information about sun cream and sun safety can be found on this website [Sunscreen and sun safety - NHS \(www.nhs.uk\)](https://www.nhs.uk)